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BIKRAM YOGA JAMAICA INTRODUCES A YOGA DESTINATION EXPERIENCE IN KINGSTON JAMAICA

The Yoga Weekend Getaway!

KINGSTON, JAMAICA, DECEMBER 01, 2021 — Bikram Yoga Jamaica introduces a series of 5 Day / 4 Night Yoga Weekend Getaway with a focus on Wellness while celebrating Kingston Jamaica as a destination. The first two Weekend Getaways are January 13-17, and February 17-21, 2022. We will be joined by Yoga model and Instagram Influencer Victoria Gibbs (@whatgibbs). Victoria is of Jamaican parentage and this event will mark her first return home since the age of four.

International visitors will arrive Kingston on Thursday with accommodations at The Jamaica Pegasus Hotel in Kingston. The visitors will experience Bikram Yoga Classes in the morning and exciting excursions each day designed to highlight the best of Kingston Jamaica.

The Weekend Getaway includes Art Walk Kingston and Beat Street Kingston where visitors will experience Jamaican Street Art followed by a deep dive into the origins of Jamaican music at Beat Street.

On the second day visitors will hit the beach for a local Fish Fry and beach lime where they can try beachside Reggae Yoga with the staff of Bikram Yoga Jamaica.

On Sunday morning its up into the Blue Mountains to the Craighton Coffee Estate where world famous Jamaica Blue Mountain Coffee is grown. Visitors will take a tour, taste real Jamaican Coffee and enjoy a morning in the Blue Mountains.

Visitors depart Jamaica on Monday rejuvenated with heads and hearts full of Jamaican Culture.

Supported by the Jamaica Tourist Board, the Bikram Yoga Weekend Getaway in Jamaica is currently priced at \$1200 USD PP Double and \$1600 USD PP Single until 15 December, 2021. Airfare is not included.

Website: <https://www.bikramyogajamaica.com>

If you would like more information about this topic, please call Isabel Dennis at +1-876-544-1904, or email bikramyogajamaica@gmail.com or Instagram & Facebook @bikramyogajamaica.

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